St. Mary's Elementary Lunch Menu 6-8

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	National Burrito Day 5	6
No School	Oven Baked Fish Sticks Orange Halves Tossed Salad with dressing Sugar Cookie Milk	Spaghetti & Meatballs Cucumber slices Red Pepper strips Cinnamon apples Milk	Bean & Cheese Burrito Bean dip Tropical fruit Milk	**No School**
9	Juice Day 10	11	12	**Pizza Day** **13**
French Toast Sticks Pork Sausage Patty Hash Brown Patty Oranges Wedges Milk	Cheese Quesadilla Fiesta Salad Assorted 100% Juice Milk	Corn dog Nuggets Grapes Green beans Milk	Turkey & Gravy Roasted baby potatoes Peas Peaches Fresh baked roll Milk	Cheese Pizza Tossed Salad with dressing Fruit Cocktail Milk
16	17	18	Grilled Cheese Day 19	20
Turkey Hot Dog on ww bun Baked beans Potato Wedges Fresh Seasonal fruit Milk	Mac & Cheese Peas Applesauce Fresh baked roll Milk	Sweet & Sour Chicken Brown Rice Steamed Broccoli Strawberries Strawberry Milk Day	Yummy Toasted Cheese Sandwiches Tomato Soup Fresh Vegetables Pear slices Milk	Chicken Drumstick Green Beans Apple Cobbler Milk
23	Pigs in a Blanket Day 24	25	26	27
Cheeseburger or Hamburger Twisted Potatoes Grapes Milk	Pigs in a Blanket Green Beans Peaches Milk	Sub Sandwich Sun chips Tossed Salad with dressing Orange Wedges Milk	Nachos- beef & cheese Seasoned black beans Red Pepper strips Tropical fruit Milk	Pepperoni Pizza Sticks Bread Stick & Pasta Sauce Fresh Vegetables Chilled Fruit Milk
30	This institution is an equal opportunity provider.			
French Toast Sticks Pork Sausage Patty Hash Brown Patty Blueberries Milk	Menus are subject to change based on product availability. A variety of milk is offered: fat free white, fat free chocolate and 1% white. A vegetarian option is available every day. The alternative choice to the main entrée item is a peanut butter sandwich and yogurt.			

	Average	Weekly Target	% of Target		Average	Weekly Target	% Calories
Calories	644	600-700	100	Saturated Fat	5.68 g	< 10.00 %	7.9 %
Sodium	1056 mg	< 1360 mg					